

Personal Training Plan

Yearly Training Plan	My Biennium Dates: Start: Date: _____ End Date: _____							<i>No more than 50% of hours can be clearinghouse hours. Clearinghouse includes books, videos and DVDS</i>
Required Class Hours in every two-year period is 30	4 hours Required Biennium Training Classes (SIDS if caring for infants)					Staff Orientation (first biennium only, 2 hours)		30
Area of Knowledge	Health Nutrition & Safety	Active Learning Environment	Child Growth & Development	Guidance & Discipline	Family, Community & Cultural Relationships	Program and Business Management	Professionalism and Leadership	Total
Class hours <i>(Check your STARS record online to get current totals)</i>								
Clearinghouse hours (Books, videos, conferences, webinars)								
Total hours to date								
<i>Hours Needed</i>								
<i>Planned hours for this year</i>								
Classes I would like to attend this year								
Class Name								
Date of Class								
Location								
Hours in this class								